

## (Week 8) Grace That Silences Shame

**MV:** *If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness. (1 John 1:9)*

**What happens, if after all your efforts, you give the Enemy a seat at your table anyway?**



*He who conceals his transgressions will not prosper, But he who confesses and forsakes [them] will find compassion. (Proverbs 28:13)*

**What remains after confession?**

**Guilt=**

**Shame=**

**What releases you from both?**

*And the man and his wife were both naked and were not ashamed. (Genesis 2:25)*

*And I will put enmity Between you and the woman, And between your seed and her seed; He shall bruise you on the head, And you shall bruise him on the heel." (Genesis 3:15)*

*Then I said, "Woe is me, for I am ruined! Because I am a man of unclean lips, And I live among a people of unclean lips; For my eyes have seen the King, the LORD of hosts." 6 Then one of the seraphim flew to me with a burning coal in his hand, which he had taken from the altar with tongs. 7 He touched my mouth [with it] and said, "Behold, this has touched your lips; and your iniquity is taken away and your sin is forgiven." (Isaiah 6:5-7)*

**To everyone who \_\_\_\_\_, God proclaims \_\_\_\_\_.**

*If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness. (1 John 1:9)*

**Grace redefines us from \_\_\_\_\_ to \_\_\_\_\_**

*See what great love the Father has lavished on us, that we should be called children of God! And that is what we are! The reason the world does not know us is that it did not know him. (1 John 3:1)*

**Our new identity is \_\_\_\_\_.**

*But he replied, "Lord, I am ready to go with you to prison and to death." 34 Jesus answered, "I tell you, Peter, before the rooster crows today, you will deny three times that you know me." (Luke 22:33-34)*

*The Lord turned and looked straight at Peter. Then Peter remembered the word the Lord had spoken to him: "Before the rooster crows today, you will disown me three times." 62 And he went outside and wept bitterly. (Luke 22:61-62)*

*Your ears will hear a word behind you, "This is the way, walk in it," whenever you turn to the right or to the left. (Isaiah 30:21)*

**How does Jesus restore you and I after we fall?**

*Therefore there is now no condemnation for those who are in Christ Jesus. (Romans 8:1)*

*The third time he said to him, "Simon son of John, do you love me?" Peter was hurt because Jesus asked him the third time, "Do you love me?" He said, "Lord, you know all things; you know that I love you." Jesus said, "Feed my sheep. (John 21:17)*

**Jesus never focuses on our \_\_\_\_\_.** **He's focused on \_\_\_\_\_.**

**We may \_\_\_\_\_ but we are not a \_\_\_\_\_.**

*Those who look to him are radiant; their faces are never covered with shame. (Psalm 34:5)*

**Are you radiant?**

**WRITE ABOUT IT AND TALK ABOUT IT**

1. What's the difference between guilt and shame?
2. How do you feel about admitting guilt? What's hardest about it?
3. How do you feel about confession? Who is it hardest to confess to? Why?
4. Jesus is not done with you? How does that make you feel?
5. Memorize 1 John 1:9

**PRAY ABOUT IT:** Ask God to help you own it confess it, repent of it, and be free!